

## Reinforcement Strategies for Kids

Positive reinforcement can be used to encourage behaviours and skills that we want to increase, such as your child picking up their toys, participating in daily chores, or to reward your child for practicing new skills. Reinforcement is one method to help encourage your child to use these skills!

There are many ways to provide positive reinforcement such as

- Positive Praise (e.g. "Way to go!", "Good job!", high fives or hugs)
- Immediate rewards (e.g. snacks, access to toys or preferred activities)
- Reward charts (e.g. sticker charts, point charts, punch cards)

Below are examples of reinforcement punch cards and sticker chart! You can customize and make your own with personalized pictures and colours. Feel free to cut out the cards or chart. These strategies can be used with a single child or the entire family.



<p>_____’s Reinforcement Chart</p> <p>I am working for: _____</p>				

# Countdown Visual

Use this visual cue card to help your child complete tasks. Attach the numbered pieces to the transition card with Velcro, tape or sticky tac. As they complete a step or activity, remove the number from the top, counting down 5, 4, 3, 2, 1.

