

### Accessing services in our division

Seine River School Division's three **School Social Workers** are employed by the school division and work in all schools. They have an office in one of the three high schools, College St. Norbert Collegiate, College Lorette Collegiate and Ste. Anne Collegiate.

To access the **School Social Worker** clinician please contact the student's school directly. The school staff will ensure that the social worker contacts the person making the referral.

**School Social Workers  
make a difference!**



### School Social Workers may become Involved when students:

- Feel afraid to go to school
- Struggle academically
- Worry about their sexuality
- Feel depressed or anxious
- Experiment with drugs and alcohol
- Think about suicide
- Live with trauma or abuse
- Worry about bullying, loneliness, divorce, and death
- Face difficult life transitions
- Encounter problems with family or friends
- Question their aptitudes and abilities

### School Social Workers help students:

- Be optimistic
- Cope with stress
- Understand mental health
- Work through issues
- Find solutions
- Set attainable goals for success
- See learning positively
- Believe in their abilities
- Maintain meaningful relationships
- Try new things and feel involved
- Feel respected and safe
- Appreciate diversity
- Use problem-solving skills
- Learn from mistakes
- Know how to ask for help



## School Social Work



What is a social work clinician?

What do they do?

How do they work with students?

