



POLICY:

REGULATION: IGAF – PHYSICAL EDUCATION

EXHIBIT:

1. Schools will provide students and parents/guardians with the safety information associated with each student's chosen physical activities for the OUT-of-class component of Grades 10 to 12 PE/HE as contained in Manitoba Education, Citizenship and Youth's *OUT-of-Class Safety Handbook*.
2. Unless otherwise prohibited by the school board, physical activities chosen for the OUT-of-class component of PE/HE courses must be selected from the list supplied from the *OUT-of-Class Safety Handbook* (see Appendix A). Any activities not included and dissimilar from any in this activity list will need to be approved by the SRSD Physical Activity Risk Management Review Committee (PARMRC). Recommended safety guidelines for these new activities will need to be developed prior to parental approval.
3. The Division will form a Physical Activity Risk Management Review Committee (PARMRC) as a sub-committee of the Seine River Athletics Association (SRAA). The PARMRC will consist of the Assistant Superintendent – Instruction & Curriculum; one High School Principal; and one High School PE teacher from each high school. The PARMRC will revise the present policy on an annual basis.

The PARMRC will develop an eligible and ineligible activities list for participation in OUT-of-class activities and review it semi-annually.

The PARMRC will develop a repertoire of activity-specific safety checklists including those from the MECY Risk Management Handbook for OUT-of-class activities, revising them and adding to them as is appropriate.

4. The following activities are prohibited by the school board as part of the OUT-of-class component of PE/HE courses:
 - *Swimming – open water*
 - *Motor sports*
 - *Firearms (i.e. hunting, paintball)*
 - *Fishing*
 - *Biathlon (shooting; x-country skiing)*
 - *Trampoline*

Unless these activities are part of a Provincial or National team elite sport program for which the school/division has received appropriate documentation of participation.

5. The PE/HE teacher will guide the student in developing a Personal Physical Activity Plan for the OUT-of-class component, and will sign the plan as an indication to the student and parent/guardian that it has been accepted.

APPROVED: June 2008

REVISED:

SOURCE:

OTHER REFERENCE:



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6. The parent/guardian and student (or only the student if 18 years and older) will sign off on the plan via the Parent Declaration and Consent & Student Declaration Form (or Student Declaration Form for students 18 years and older), giving the parent/ guardian's consent to the student's choice of activities indicated in her or his Personal Physical Activity Plan, acknowledging receipt of the recommended safety guidelines for these activities, and accepting responsibility for monitoring the student's safety in OUT-of-class activities.
7. The student will submit the signed consent/declaration form to the PE/HE teacher, prior to beginning the activity.
8. If the student wants to choose other physical activities that are not part of the original Personal Physical Activity Plan for the OUT-of-class component of this course, the student must have these new physical activities accepted by the PE/HE teacher, obtain the recommended safety guidelines for these new physical activities, and receive the parent's consent (students under 18 years) via the Parent Declaration and Consent & Student Declaration Form for new activities (students 18 years or older must complete the Student Declaration Form for new activities).
9. When students participate in these activities, school division personnel will not inspect the facilities or equipment to be used by students for non-school-based physical activities, nor will school personnel be present or in any way involved in supervising students, nor will they be available to ensure students receive appropriate instruction.
10. The parent/guardian (or student 18 years and older) will be responsible for ensuring that the facilities, equipment, and the level of instruction and/or supervision for the non-school-based physical activities, which the student has chosen for the OUT-of-class component of the PE/HE course, meet the appropriate safety standards recommended in the *OUT-of-Class Safety Handbook*. If the parent (or student 18 years and older) does not consent to this responsibility, the student will be responsible for completing the requirements for the OUT-of-class component through participation in school-based activities.
11. For all school-based physical activities, the school division will ensure that facilities, equipment, and the level of instruction and/or supervision meet the safety standards recommended in the documents *Safety Guidelines for Physical Activity in Manitoba Schools*, *YouthSafe Manitoba: School Field Trip Resource*, *OUT-of-Class Safety Handbook*, and the *SRSD Beyond the Classroom Policy*, as per divisional policy.

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