



POLICY:

REGULATION: GBED - Wellness Activities for Staff

EXHIBIT:

All Seine River School Division school sites have developed a number of activities and programs to promote wellness among their staff. These activities should be consistent with the following guidelines:

1. Activities are open to all SRSD employees except when financial support is acquired from SRTA (teachers only).
2. Activities promote staff cohesion, health habits, good nutrition and fitness.
3. Activities are inclusive in nature, are on-going and do not interrupt student learning.
4. Activities can promote wellness knowledge and understanding that can be use by the teachers and school staff to model and to teach their students.
5. Seine River School Division recognizes the importance of wellness activities for our staff. Any wellness activity that would exceed 90 minutes of the regular instructional day must be approved by the Assistant-Superintendent, Curriculum & Instruction.

APPROVED: January 2012

REVISED:

SOURCE:

OTHER REFERENCE: