

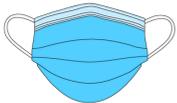
When does a household need to self-isolate?



Schools in the Southern Health-Santé Sud health region will apply these requirements, which include:

Household members of close contacts or symptomatic people who have not had any known COVID-19 exposures **must also self-isolate until the close contact tests negative**. If not tested, they should self-isolate (quarantine) for the same period as the close contact. Public health officials will provide any further guidance during the contact tracing process.

Fully vaccinated (two doses) or recently infected (within six months) people will be exempt from this requirement. Asymptomatic designated workers who are not fully vaccinated, but are taking part in a regular rapid testing program, are also exempt from self-isolation (quarantine). If the worker or a close contact in the household has symptoms, the exemption does not apply.



It is recommended that household members wear a mask and physically distance where possible when outside the household in these circumstances, and avoid leaving the home for non-essential reasons.



The symptomatic individual needs to stay in their own room and, if possible, use their own bathroom and not use common areas.

If anyone in your household is a close contact of a confirmed COVID-19 case:

Close contacts who are required to self-isolate (quarantine) are recommended to go for testing at 7 days after their last exposure to the case, or if symptoms develop. Regardless of whether the close contact tests negative, they must complete their 10 days of self-isolation (quarantine).

***Public health officials will help determine whether you or anyone in your household is exempt from needing to self-isolate.**