

WHAT SHOULD I DO IF MY CHILD IS SICK?



Students should stay home from school if they are sick, no matter how mild the symptoms.

If a student displays any symptom of illness while at school, they will be isolated and their parent/guardian will be contacted to pick them up.

If your child has ONE symptom from Column A, they should get tested for COVID-19.

If your child has TWO symptoms from Column B, they should get tested for COVID-19.

If your child has only one symptom from Column B, they should stay home. They may only return to school once they are symptom-free for 24 hours.

If your child is sick and NOT tested for COVID—They MUST stay home for 10 days from the onset of symptoms

COLUMN A

Do you have a new onset, or worsening of any ONE of the following symptoms?

- Fever > 38°C or think you have a fever or chills
- Cough
- Sore throat / hoarse voice
- Shortness of breath / breathing difficulties
- Loss of taste or smell
- Vomiting or diarrhea for more than 24 hours

COLUMN B

Do you have a new onset, or worsening of any TWO of the following symptoms?

- Runny nose
- Muscle aches
- Fatigue
- Conjunctivitis (pink eye)
- Headache
- Skin rash of unknown cause
- Nausea or loss of appetite
- Poor feeding (if an infant)

When can my child return to school?



NEGATIVE: They can return to school after 24 hours of being symptom-free.



POSITIVE: Public Health will provide guidance regarding what is required before your child can return to school.